

**State Health Insurance Assistance Programs (SHIPs)**

*\* Click the SHIP name to visit their Web site*

<b>State</b>		<b>Toll-free</b>	<b>Toll</b>	<b>TDD</b>
<b>Alabama</b>	<u><b>State Health Insurance Assistance Program (SHIP)</b></u> Department of Senior Services	1-800-AGELINE (243-5463)		
<b>Alaska</b>	<u><b>Alaska State Health Insurance Program (SHIP)</b></u> Department of Health & Social Services, Senior & Disabilities Services Unit	1-800-478-6065	907-269-3680	
<b>Arizona</b>	<u><b>Arizona State Health Insurance Assistance Program (SHIP)</b></u> Arizona Department of Economic Security, Aging & Adult Administration	1-800-432-4040		
<b>Arkansas</b>	<u><b>Senior Health Insurance Information Program (SHIIP)</b></u> Arkansas State Insurance Department	1-800-224-6330		
<b>California</b>	<u><b>California Health Insurance Counseling and Advocacy Program (HICAP)</b></u> California Department of Aging	1-800-434-0222		1-800-735-2929
<b>Colorado</b>	<u><b>Senior Health Insurance Assistance Program (SHIP)</b></u> Colorado Division of Insurance	1-888-696-7213		
<b>Connecticut</b>	<u><b>Connecticut Program for Health Insurance Assistance, Outreach, Information &amp; Referral Counseling and Eligibility Screening (CHOICES)</b></u> Department of Social Services, Elderly Services Division	1-800-994-9422	860-424-5245	
<b>Delaware</b>	<u><b>ELDERinfo</b></u> Delaware Insurance Department	1-800-336-9500	302-674-7364	
<b>District of Columbia</b>	<u><b>Health Insurance Counseling Project (HICP)</b></u> George Washington School of Law	202-739-0668		
<b>Florida</b>	<u><b>Serving Health Insurance Needs of Elders (SHINE)</b></u> Florida Dept. of Elder Affairs	1-800-963-5337		
<b>Georgia</b>	<u><b>GeorgiaCares</b></u> Georgia Department of Human Resources, Division of Aging Services	1-800-669-8387		
<b>Guam</b>	<u><b>Guam Medicare Assistance Program (Guam MAP)</b></u> Department of Public Health and Social Services, Division of Senior Citizens	671-735-7388 or 671-735-7390		671-734-7415

<b>State</b>		<b>Toll-free</b>	<b>Toll</b>	<b>TDD</b>
<b>Hawaii</b>	<b><u>SAGE Plus</u></b> Hawaii Executive Office on Aging	1-888-875-9229		1-866-810-4379
<b>Idaho</b>	<b><u>Senior Health Insurance Benefits Advisors (SHIBA)</u></b> Idaho Department of Insurance	1-800-247-4422		
<b>Illinois</b>	<b><u>Senior Health Insurance Program (SHIP)</u></b> Illinois Department of Insurance	1-800-548-9043	217-785-9021	217-524-4872
<b>Indiana</b>	<b><u>State Health Insurance Information Program (SHIIP)</u></b> Indiana Department of Insurance	1-800-452-4800		1-866-846-0139
<b>Iowa</b>	<b><u>Senior Health Insurance Information Program (SHIIP)</u></b> Iowa Insurance Division	1-800-351-4664	515-281-5705	1-800-735-2942
<b>Kansas</b>	<b><u>Senior Health Insurance Counseling for Kansas (SHICK)</u></b> Kansas Department on Aging	1-800-860-5260	316-337-7386	
<b>Kentucky</b>	<b><u>State Health Insurance Assistance Program (SHIP)</u></b> Department for Aging and Independent Living	1-877-293-7447	502-564-6930	1-888-642-1137
<b>Louisiana</b>	<b><u>Senior Health Insurance Information Program (SHIIP)</u></b> Louisiana Department of Insurance, Office of Health Insurance	1-800-259-5301	225-342-5301	
<b>Maine</b>	<b><u>Maine State Health Insurance Assistance Program (SHIP)</u></b> Office of Elder Services	1-877-353-3771	1-207-621-0087	1-800-606-0215
<b>Maryland</b>	<b><u>Senior Health Insurance Assistance Program (SHIP)</u></b> Maryland Department of Aging	1-800-243-3425	410-767-1100	1-800-637-4113
<b>Massachusetts</b>	<b><u>Serving Health Information Needs of Elders (SHINE)</u></b> Massachusetts Executive Office of Elders Affairs	1-800-AGE-INFO (243-4636)	617-727-7750	1-800-872-0166
<b>Michigan</b>	<b><u>MMAP, Inc.</u></b> Michigan Office of Services to the Aging	1-800-803-7174	517-886-1242	
<b>Minnesota</b>	<b><u>Minnesota State Health Insurance Assistance Program/Senior LinkAge Line</u></b> Minnesota Board on Aging	1-800-333-2433		
<b>Mississippi</b>	<b><u>Mississippi State Health Insurance Assistance Program (SHIP)</u></b> Department of Human Services, Aging and Adult Services Division	1-800-948-3090	601-359-4956	
<b>Missouri</b>	<b><u>CLAIM</u></b> Missouri Department of Insurance Financial Institutions & Professional Registration	1-800-390-3330	573-817-8320	

<b>State</b>		<b>Toll-free</b>	<b>Toll</b>	<b>TDD</b>
<b>Montana</b>	<u>Montana State Health Insurance Assistance Program (SHIP)</u> Montana Department of Health and Human Services, Senior and Long Term Care Division	1-800-551-3191	406-444-2590	
<b>Nebraska</b>	<u>Senior Health Insurance Information Program (SHIIP)</u> Nebraska Department of Insurance	1-800-234-7119	402-471-2201	1-800-833-7352
<b>Nevada</b>	<u>State Health Insurance Advisory Program (SHIP)</u> Nevada Aging and Disability Services Division	1-800-307-4444	702-486-3478	
<b>New Hampshire</b>	<u>NH SHIP - ServiceLink Resource Center</u> New Hampshire Dept. of Health & Human Services, Bureau of Elderly & Adult Services	1-866-634-9412		1-800-735-2964
<b>New Jersey</b>	<u>State Health Insurance Assistance Program (SHIP)</u> NJ Department of Health & Senior Services, Division of Aging and Community Services	1-800-792-8820	1-877-222-3737	
<b>New Mexico</b>	<u>Benefits Counseling Program</u> NM Aging and Long-term Services Dept.	1-800-432-2080	505-476-4799	
<b>New York</b>	<u>Health Insurance Information Counseling and Assistance Program (HIICAP)</u> New York State Office for the Aging	1-800-701-0501	1-800-342-9871	
<b>North Carolina</b>	<u>Seniors' Health Insurance Information Program (SHIIP)</u> NC Department of Insurance	1-800-443-9354	919-807-6900	1-800-735-2962
<b>North Dakota</b>	<u>Senior Health Insurance Counseling (SHIC)</u> North Dakota Department of Insurance	1-888-575-6611	701-328-2440	1-800-366-6888
<b>Ohio</b>	<u>Ohio Senior Health Insurance Information Program (OSHIIP)</u> Ohio Department of Insurance	1-800-686-1578	614-644-3458	614-644-3745
<b>Oklahoma</b>	<u>Senior Health Insurance Counseling Program (SHICP)</u> Oklahoma Insurance Department	1-800-763-2828	405-521-6628	
<b>Oregon</b>	<u>Senior Health Insurance Benefits Assistance Program (SHIBA)</u> Department of Consumer and Business Services	1-800-722-4134	503-378-2014	1-800-735-2900
<b>Pennsylvania</b>	<u>APPRISE</u> Pennsylvania Department of Aging	1-800-783-7067		
<b>Puerto Rico</b>	<u>State Health Insurance Assistance Program (SHIP)</u> Puerto Rico Office of the Ombudsman for the Elderly	1-877-725-4300 (San Juan- Ponce) 1-800-981-7735 (Mayag)		

<b>State</b>		<b>Toll-free</b>	<b>Toll</b>	<b>TDD</b>
<b>Rhode Island</b>	<u><b>Senior Health Insurance Program (SHIP)</b></u> Department of Elderly Affairs, Information and Education Division	401-462-4444		401-462-0740
<b>South Carolina</b>	<u><b>Insurance Counseling Assistance and Referrals for Elders (I-CARE)</b></u> Division of Aging Services, Lt. Governor's Office on Aging	1-800-868-9095	803-734-9900	
<b>South Dakota</b>	<u><b>Senior Health Information and Insurance Education (SHINE)</b></u> SD Department of Social Services, Adult Service and Aging Program	1-800-536-8197	605-333-3314	
<b>Tennessee</b>	<u><b>Tennessee State Health Insurance Assistance Program (SHIP)</b></u> TN Commission on Aging & Disability	1-877-801-0044	615-741-2056	615-532-3893
<b>Texas</b>	<u><b>Health Information Counseling and Advocacy Program (HICAP)</b></u> Texas Department of Aging and Disability Services	1-800-252-9240		1-800-735-2989
<b>Utah</b>	<u><b>Senior Health Insurance Information Program (SHIP)</b></u> Department of Human Services, Division of Aging and Adult Services	1-800-541-7735	801-538-3910	
<b>Vermont</b>	<u><b>State Health Insurance Assistance Program (SHIP)</b></u> Department of Aging and Disabilities and Northern Vermont AAA	1-800-642-5119	802-748-5182	
<b>Virginia</b>	<u><b>Virginia Insurance Counseling and Assistance Program (VICAP)</b></u> Virginia Department for the Aging	1-800-552-3402	804-662-9333 or 804-662-9334	1-800-552-3402
<b>Virgin Islands</b>	<u><b>Virgin Islands State Health Insurance Assistance Program (VI SHIP)</b></u> Office of the Lieutenant Governor	340-772-7368 (St. Croix) 340-714-4354 (St. Thomas)		
<b>Washington</b>	<u><b>Statewide Health Insurance Benefits Advisors (SHIBA) HelpLine</b></u> Washington State Office of Insurance Commissioner	1-800-562-6900		360-586-0241
<b>West Virginia</b>	<u><b>West Virginia State Health Insurance Assistance Program (WV SHIP)</b></u> West Virginia Bureau of Senior Services	1-877-987-4463	304-558-3317	
<b>Wisconsin</b>	<u><b>Wisconsin SHIP (SHIP)</b></u> Bureau of Aging & LTC Resources	1-800-242-1060 or 1-866-456-8211 or 1-800-926-4862	608-267-3201	1-866-796-9725
<b>Wyoming</b>	<u><b>Wyoming State Health Insurance Program (WSHIP)</b></u> Wyoming Department of Insurance, and Wyoming Senior Citizens, Inc.	1-800-856-4398	307-856-6880	