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# Alabama SHIP: Volunteer Voices

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*"I helped a friend get a drug card for his mother. The card reduced the cost of one drug from \$100 to \$20. Every time he sees me he thanks me, and he tells other people about what I did. If you want to feel good about helping someone, become a SHIP volunteer."*

– Specialized Volunteer, Montgomery

*"A woman at a senior center had a small Social Security check as her only income. She and her family didn't know about a program that would cover her Medicare premiums. When she saw more than \$100 added to her Social Security check, she hugged my neck. Things will be a little better for her now."*

*"I really enjoy working with the local SHIP staff. They do a good job, and they're fun to be around!"*

*"Our Regional SHIP Coordinator is just spectacular. She is so good at her job . . . so knowledgeable . . . so helpful . . . so constant."*

*"I really like the dedication, integrity, and compassion of the staff. I am just in awe of their ability to work with people who are having a difficult time."*

*"I love the flexibility. One of the big things that attracted me to SHIP was not having to go to a certain place from nine to noon. Sometimes it may be a phone call from home, or a couple of hours at the office. I like that variety."*

*"Volunteering for SHIP gives me a purpose and a direction in retirement. When I'm in the community working with seniors, I feel needed and useful."*

– Volunteer Educator, Dothan

*"There's nothing that makes you feel better than helping someone who can't help themselves. It is such a satisfying feeling to answer their questions and see the uncertainty and worries leave their minds."*

*"I wasn't sure I'd feel comfortable as a volunteer answering some of the hard questions, especially when I'm not using the information all the time. But SHIP gives in-depth training that has been very helpful in making the information stick."*

*"I like to stay current on Medicare. It's fun to know what's going on!"*

– Volunteer Educator, Centreville

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For more information about Alabama SHIP:  
1-800-AGE-LINE • [www.AlabamaAgeline.gov](http://www.AlabamaAgeline.gov)

*Developed by the Alabama SHIP and the Health Assistance Partnership*